

Copacabana Community
Association Inc.

COPANEWS

Summer 2019

www.copanews.com.au

...tis the season
to be jolly!

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COPACABANA
PROPERTY SALES
RENTALS & HOLIDAY LETTINGS

Talk to the George Brand Team today
Scot Harvey, Michelle Harvey, Tim Woodham,
Kyle Brand, Matthew Ellis and Evie Adasal.

Phone 4382-1000 or visit www.georgebrand.com.au

georgebrand

selling central coast lifestyles



WHAT'S ON

DECEMBER 2019

Sunday 01

Christmas Fair
Mount Penang 9am-2pm

Thursday 05

CCA Meeting & Christmas
Drinks 7.30pm Fire Station

Saturday 07

Bushcare 2-4pm
Bonnie Lookout

Saturday 07

Avoca Twilight Markets
5-9pm

Saturday 14

Come and meet your neighbours and join in the fun



SEE PAGE 12 FOR DETAILS

Wednesday 18

Last day of term Copa PS

Friday 20

Central Coast Carols 5-9pm

JANUARY 2020

Saturday 04

Bushcare 2-4pm
Bonnie Lookout

Monday 27

Australia Day Public Holiday

Wednesday 29

School resumes

FEBRUARY 2020

Saturday 01

Bushcare 2-4pm
Bonnie Lookout

Thursday 06

CCA Meeting
7.30pm Fire Station

A word from the CCA President

Another Summer has rolled around and there is no better place to enjoy it than in beautiful Copacabana. As usual we can expect the large influx of tourists coming to enjoy our fabulous, laid-back beach lifestyle over December and January. Whilst we might prefer to keep Copa to ourselves, it is good to share and allow others to experience a little bit of our everyday lifestyle and, more importantly, it will provide a welcome boost to our local shops and businesses.



On behalf of the community, grateful thanks from the CCA to the magnificent Copacabana RFS for protecting us all during this difficult bushfire season.

With the crowds obviously comes increased traffic and pedestrian activity, especially around the shops and surf club. The CCA has recently conducted a parking survey in response to community concerns and reports of some accidents and 'near misses' at the high traffic area in front of the shops. We are currently collating the survey results and will present some recommendations to Council regarding improved safety requirements. We'll report back to CCA members and the broader community on progress.

As a general observation there seems to be a lot of construction going on in Copa right now – and whilst it's great to see development that is good for local trades and businesses, we hope that the unique Copa lifestyle is not adversely impacted. The CCA is keenly aware of the potential for over-development if inappropriate planning regulations are introduced. We made a submission regarding the Central Coast Council's Draft Urban Spatial Plan during the community consultation period, stressing the need for planning rules to be formulated which ensure that Copa retains its leafy, low-rise, coastal character and is not over-run by greater population numbers that would be entailed in higher density zoning. Protecting and enhancing the character of Copa is one of the CCA's key priorities.

On other matters, the Oceano upgrade is moving closer to completion and the Susan Fahey Park community consultation process is currently underway. At a recent meeting with our local Federal MP, Lucy Wicks, we were able to make sure that the funding for the Del Monte upgrade is still on track and we gained her support for the water quality and lagoon management issues that are covered in more detail in this issue of Copa News. She also pledged to help in progressing the Copa foreshore enhancement project. We will be following up on these issues with Council within the month.

On behalf of your CCA Committee, I wish you all a happy and healthy holiday season and a very Merry Christmas.

Steve Boucher

THANK YOU TO THE COPA COMMUNITY:

We wish to thank all who were involved in helping Bruce McRae on Monday 7th October, the day he passed away at Del Rio Drive Copacabana. Special thanks to the trained nurse, James, who started CPR, all the residents whom offered their care and support, to Adam Richards and his fellow lifesavers and police & ambulance staff in attendance. We are truly grateful to everybody who helped on the day as Bruce so much loved Copacabana and its wonderful community.

Many thanks – Lynne, Zoe, Nic and family.

Craig MacIntosh
Copacabana Specialist
& Copa Resident
Since 1991



We know the market is changing,
so is the price of your property!!

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0416 460 939

rhcoastal.com
craigmacintosh.com.au

Raine & Horne
Tengat - Avoca Beach - Serravallo - Erina

UPDATES & PRIORITIES

Cockrone Lagoon Management

CCA RECOMMENDS A REVIEW

Photo by Sue Steedman

Following widespread community concern about the effects on wildlife resulting from recent lagoon openings, the CCA has developed a briefing paper for Central Coast Council, recommending a review of processes. The CCA intends to pursue this as a priority issue with the assistance and expertise of Margaret Platell, CCA Committee Member and Lecturer in Environmental Science at Newcastle University. This aligns with Council's ongoing development of a better understanding on ways to predict when lagoon openings are required.

At a recent meeting with Lucy Wicks, Member for Robertson, the matter was raised by CCA delegates as an issue of concern. Ms Wicks indicated that she takes a keen interest in water quality in regional waterways and committed to work with the CCA over the next six months to ensure that best practice is followed.

We have prepared the following Briefing Paper, which we intend to present to Council over coming weeks.

Statement re Cockrone Lagoon

The Copacabana Community Association recognises that coastal lagoons of the Central Coast are complex systems that enhance the natural amenity and biodiversity of environments, including Cockrone Lagoon located between the suburbs of Copacabana and MacMasters Beach. These systems are typically closed to the ocean and fill from land-based discharge up to a certain water level (trigger point) which results in an artificial opening (by Council) of that lagoon which rapidly reduces the water level and transports any contaminants and loose sediments to the nearby ocean. Further, this enables some marine fish species to leave the lagoon and complete their life cycle in the nearby ocean, while the young of others may enter from the ocean and thrive in the productive lagoon waters

We understand that these trigger levels are set to avoid flooding and subsequent damage to housing and other infrastructure and that the sudden release of water provides a valuable release and improvement of water quality within the lagoons. The entrances remain open for a short period, which allows some marine life to colonise the lagoon from the ocean, before being closed by wave action that deposits oceanic sediments.

The two most recent Cockrone Lagoon opening events, in January and August 2019, resulted in mass losses of biodiversity, with substantial numbers and diversity of fish (January) and birds (August) being affected. This has obvious implications for the natural amenity of this area. The reasons for the biodiversity losses are not entirely clear, but we do believe that such a situation has not previously occurred for

this Lagoon. Images and comments have been quite widely circulated on social and other media and have increased community awareness of this potentially sensitive issue.

It is of obvious significance that, in the Draft Urban Spatial Plan currently open for public comment, Council states that "The region contains important coastal lakes" and that "Council will continue to prioritise protection of environmentally sensitive areas, and conservation of the natural terrestrial, riparian and aquatic ecosystems".

With that statement in mind, we ask that Council considers a review of the entrance opening strategy for Cockrone Lagoon, in order to address and mitigate against such mass mortalities in the future.

The review should include:

- ✓ An understanding of the factors that can lead to such mass kills in Cockrone Lagoon.
- ✓ Whether such mass kills have had a significant effect on the natural qualities of this ecosystem.
- ✓ Consideration of monitoring and reporting of the aquatic health of Cockrone Lagoon in the period following future lagoon openings.
- ✓ A forecasting of how climate change, in terms of sea level rise and ocean warming, may affect Cockrone Lagoon
- ✓ Provision of this information to the residents of Copacabana & MacMasters Beach, to enhance community understanding of these complex ecosystem processes, the role and limitations by Council and to promote conservation of this natural area.

If you have comments or concerns, please send us an email at the CCA info@copanews.com.au and we will respond as soon as possible. We will report on any updates on our website www.copanews.com.au and in our next newsletter.

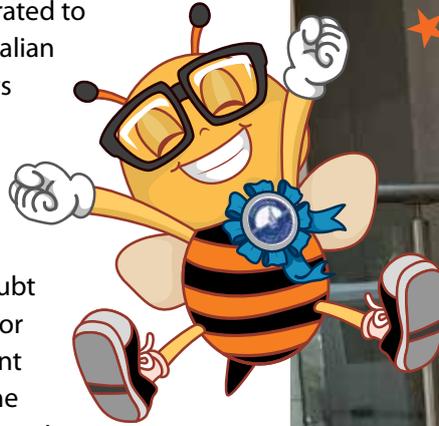
LOCAL HERO

Congratulations to Zoe Evason, Year 4 student at Copa Public School for representing her school and the Central Coast region as a State Finalist at the 2019 Premier's Spelling Bee held in Sydney on November 8.

Zoe's proud parents Sarah and Geoff migrated to Australia in 2005 from Canada. Now Australian citizens, they have lived in Copa for 3 years and love the lifestyle here.

Sarah says that Zoe is an enthusiastic reader and her favourite books include the Harry Potter series and Keeper of the Lost Cities by Shannon Messenger. No doubt that regular reading is an important tool for improving spelling skills and Zoe also spent many hours studying in preparation for the Spelling Bee, having been given a list of several hundred words to practise months ahead of the competition. Mastering the list took many hours of writing the words down, oral practise and sticking the difficult words on to her bedroom walls so she could memorise them! Mentored by Copa PS teacher, Craig Mitchell, Zoe put in the hard yards to win a medal for herself and online access to Macquarie Dictionary and Thesaurus for the whole school.

It's great to see a 'Copa kid' suitably rewarded for academic effort, and we wish her every success in her continuing education at Copa PS. **Well done Zoe – you're our Local Hero for this issue.**



Welcome *Burnt Honey* Bakery!

Have you checked out those mouth watering pastries yet? Hayley and Jo opened their doors on Saturday 16th Nov and had a great reception with everything selling out within just a few short hours! - Well done ladies, everything looked and tasted positively delicious.

The bakery is open from 7am to 2pm Wednesday to Saturday and 8am to 12pm on Sundays (or until sold out) so be sure to get in quick for those treats before they walk out the door. They are also hiring a casual all rounder for serving and help with prep. If interested pop down and say hello.



Photo: Elaine Norling



Allied Health Professionals

at your service at Copacabana Medical Centre

We know that access to allied health professionals is very important to our patients and we work with a number of highly skilled practitioners to bring you the health care and treatment you need right here in our conveniently located Copacabana Medical Centre.

PRACTITIONERS AT COPACABANA MEDICAL INCLUDE:

- Chiropractor Wolf Messthaler of Chiropraxis
- Dietitian Susan Alexander of Alexander Dietetics
- Physiotherapists Damien & Mitchell of Our Physio Central Coast
- Podiatrist Sharon Crowther of Copacabana Podiatry - visiting the clinic until the end of this year.

If you have a chronic medical condition, you *may* be eligible for up to 5 subsidised visits to allied health professionals on referral from your GP. Make an appointment to see Dr Risto Cvetkovic to discuss your questions if you are unsure about the nature or severity of your health issue and decide whether an allied health practitioner can help.

A chronic medical condition is a condition that has been, or is likely to be, present for six months or more. For example, patients with diabetes need regular blood tests, checks of their feet by a podiatrist, eye tests by optometrist and/or ophthalmologist, dietary advice from a dietitian, exercise program from a physiotherapist, and advice from a diabetes educator. Patients may also need a referral to an endocrinologist (specialist in glands and hormones).

Here at Copa Medical we pride ourselves on a multidisciplinary approach to patient care: We recently hosted a visiting cardiologist for a heart failure clinic and the Centre has been one of four GP clinics on the Central Coast to take part in Diabetes case conferencing. The case conferencing involves a visit to the clinic by a specialist and nurse educator who meet with the GP and patient to discuss ongoing management.

We are usually especially busy over the holiday period so call and make an appointment to see Dr Risto or any of the Allied Health professionals or if you need a skin check during our sunny Summer months. *We take this opportunity to wish all of our patients and Copa locals a happy and healthy holiday season.*

Opening Hours:

Mon, Wed, Thurs, Fri:
8:00am - 6:00pm

Sat: 9:00am - 1:00pm

Contact us to find out more about our practitioners or to make an appointment:

Ph: 4381 1576

or book online at copacabanamedical.com.au





New Principal at Copacabana Public School

It is with a great sense of honour that I introduce myself as the new Principal of Copacabana Public School. I am delighted and humbled to be offered the opportunity to lead this wonderful school community. Since arriving on November 11, I have enjoyed visiting classrooms, greeting the children in the morning and getting to know them and the staff and parents of our amazing school. I wish to thank everyone for making me feel so welcome.

I have been a passionate educator for over 25 years having worked in rural and remote communities (Walgett, Broken Hill and Mildura areas) as an Assistant Principal and Teaching Principal. After spending 15 years living and teaching in remote and rural NSW schools, my husband Gavin and I moved to the beautiful Central Coast with our two sons. When we arrived to the Central Coast I was the Deputy Principal at Umina Beach Public School which is one of the largest primary schools on the coast.

Over the past five years, I have worked as Principal at Valley View Public School where my focus has been on developing an inclusive and nurturing learning environment where all students are supported to become happy, healthy, life-long learners. I have worked across a diverse range of educational settings and I look forward to sharing my educational

leadership knowledge, expertise and experiences with the staff and children.

As the old African Proverb states, "It takes a village to raise a child." I look forward to working closely with students, staff and parents in the years to come to ensure that students receive the best possible educational journey at Copacabana Public School.

Mary Hunt – Principal



New Principal Mary Hunt with School Captains Sam and Darcy.

28th NSW Coastal Conference

at Crowne Plaza in Terrigal – By Margaret Platell, CCA Committee Member

The 28th Annual NSW Coastal Conference was held in Terrigal in the last week of October, with its overall conference theme of "Connecting Coast, Catchment and Community". The annual conference has a different host council each year – this was Central Coast Council's turn and it will be Byron Bay/Tweed Council next year. I was able to attend as a University representative and presented some findings of fish in Brisbane Water estuary via a scientific poster.

For each of the three days, proceedings either started or finished with some very high calibre keynote speakers. Key messages provided a stark reminder of how the twin threats of increasing population and climate change are rarely considered together, that we need to act collectively rather than individually to deal with the potential impacts of increasing sea levels, and that we are in good hands via youth engagement within the Central Coast Council. One fascinating talk consisted of using indigenous oral traditions all around Australia to track responses to natural sea level rise which stopped around 7,000 years ago, and which covered at least 50,000 years of occupation. During this period landbridges were common (but are now often

just offshore islands on our current maps) and efforts by indigenous peoples to stop the rising seas were frequently recorded.

There were a wide variety of talks from conference delegates, which included council staff from all over NSW, other governmental agencies and consultancy groups. And most importantly, our emerging scientists (or students as we call them) gave some standout presentations – using microbial signatures to understand environmental impacts, assessing restoration effectiveness of coastal saltmarsh, what happens to a beached (and deceased) whale when it is buried on a beach etc. A student from the University of Newcastle, Ourimbah campus, received the Student Research award for using new techniques to monitor large fish entering restored saltmarsh – so this region does rate well over the state.

I was so lucky to have been there for the full programme and would love to share more information about this conference with you: Please email Margaret.Platell@newcastle.edu.au with questions or comments.

Avoca Vacation Care Programme

19th, 20th and 23rd December and 6th January – 27th January
7am to 6pm **PLEASE BOOK EARLY:** avocaschoolcare@gmail.com

THURS 19 DEC (\$65)	FRI 20 DEC (\$70)	MON 23 DEC (\$65)	TUES 7 JAN (\$75)
CHRISTMAS CRAFT AND COOKING DAY Please book early so we can purchase enough cooking items for each child.	GET SET TO COOL DOWN Woy Woy Pool for a day of fun water activities Book early as this day is capped at 30 children.	CHRISTMAS PARTY A fun day of party games Please bring along a plate of your favourite food to share.	SOMERSBY FALL AND BLACKALL RANGE NATIONAL PARK Visiting the local indigenous people and seeing artworks dating back hundreds of years
WED 8 JAN (\$65)	THURS 9 JAN (\$70)	FRI 10 JAN (\$75)	MON 13 JAN (\$65)
UPCYCLE DAY Create something wonderful by up-cycling everyday products into new creations.	WET AND WILD DAY Today a water slide and jumping castle will be here! Swimmers, rash vest and hat must be worn.	NIAGRA PARKS SPORTS DAY An action packed day with a sausage sizzle and ice block provided. Leaving at 9.30am sharp so don't be late!	CAMPING DAY Please bring your tent (if you have one), pillow and your favourite board game.
TUE 14 JAN (\$65)	WED 15 JAN (\$70)	THURS 16 JAN (\$70)	FRI 17 JAN (\$70)
MAD HATTERS TEA PARTY Bring your craziest hat and have fun playing games.	PUPPET DAY Puppet show and make your own sock puppet with the famous Julie Zommer.	KIDS HQ A day out with jumping castles, giant slide, cannon ball games, ball pit and more!	ALL BALL GAMES Decorate and take home your own paddle ball. Book early to avoid disappointment.
MON 20 JAN (\$65)	TUE 21 JAN (\$65)	WED 22 JAN (\$65)	THURS 23 JAN (\$70)
CIRCUS DAY No animals but lots of fun circus games. Dress up in your favourite circus outfit.	BOP TIL YA DROP Karaoke and dancing as well as lots of games to play.	BACK TO THE 60'S HIPPIE DAY Bring a white cotton t-shirt or a pillow case to Tye-dye.	AVOCA CINEMA MOVIE DAY See the latest movie with popcorn and ice cream.

FRI 24 JAN – AUSTRALIA DAY PARTY AT AVOCA VACATION CARE CENTRE (\$65)

Come dressed in Green and Gold or Red, White and Blue!

Thong Throwing Contest, Egg and Spoon Race, Tug-of-War, Lamingtons and a Sausage Sizzle will be part of the day!



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See the 2019 Archibald Prize at Gosford Regional Gallery

Whether a visit to the Archibald in Sydney slipped through the gaps this year or you just need a bit of a cultural fix – plan a visit to the fantastic local Gosford Regional Gallery. While you're there, take a look at the Edogawa Commemorative Garden – such a visual treat with its ornamental lake, full of carp and ducks – and enjoy the coffee and food at the café on site.

An Art Gallery of New South Wales Touring Exhibition, the Archibald Prize is showing at the Gallery all through December until the 12th of January (closed Christmas Day, Boxing Day, New Year's Day), so you've plenty of time to catch up on all you've missed.

Awarded to the best painting of a notable Australian, the Archibald Prize is a who's who of Australian culture, from politicians to celebrities and from sporting heroes to artists. Prestigious and controversial, the Archibald Prize is Australia's foremost portraiture prize, with a \$100,000 prize for the winning artist. This year's winner is Tony Costa, for his portrait of artist Lindy Lee. And sure to be popular with visitors is the Packing Room Prize winner, the portrait of actor David Wenham by Tessa Mackay.



Tony Costa Lindy Lee (detail), Archibald Prize 2019 winner.

The gallery is located at 36 Webb Street, East Gosford. Opening hours are 9.30am - 4.00pm daily. There is usually ample parking close by.



A roaring success for our Copa artists!



Tide by Suzie Goumas



Sea Ninja by Paul Madigan



Reptilian Dream by Philippa Bolton



Bob Marley by Rachael Preobrajensky



Orange Burst by Carolyn Baldwin

The first ever "Copa Creative" art show was held at the surf club on the long weekend. There was a fantastic attendance by both locals and tourists and some artists sold their first ever artworks which was very exciting!

The event was organised by a small team led by Suzie Goumas. Everyone involved put in a huge effort to make this a roaring success. Entry fee and 10% of all sales was donated to Nippers.

A big thank you to all of the artists who exhibited (unfortunately we only have room to picture a handful here). We are all looking forward to the show again next year which I'm sure will have even more local artists displaying their talents.



Neighbourhood Watch



Be aware, take care and keep Neighbourhood Watching.

Hello Friends and Neighbours

We're sorry to report that Josi Fudge has spent some time in both Gosford and Brisbane Water Private hospitals recently, with her illness requiring an operation. However, we are relieved to hear that Josi is recovering well, with Bob constantly at her side. True to her usual intrepid style, Josi 'phoned in' the following report for this issue of Copa News.

'Copa has been quiet crime-wise, which is a relief. The only exception was some anti-social behaviour, theft and vandalism reported at Sean Brinklow Park. This has been reported to Police and locals have been requested to keep an eye on the park and report any further issues immediately by

calling Triple zero. We discussed the problem at the last CCA meeting; with suggestions from members including trimming surrounding trees and checking if CCTV covers the park area (It doesn't, sadly). The park is highly valued by the community, particularly after the recent fantastic upgrade to facilities and improved accessibility for all. It's a shame that bad behaviour of this nature has occurred so soon after the rebuild. Let's hope it does not continue. I take this opportunity to wish everyone a Merry Christmas and a happy and safe New Year.

On behalf of the community, we wish Josi continuing good health and a wonderful festive season ahead. We're sure she'll bounce back quickly.

Snips Hairdressing – 31 years in Copa and still going strong

Snips is a local gem of a business serving locals as well as loyal customers from near and far over the past 31 years. Tammy Schreiber loves her job and her customers love her. After having a salon on the Northern Beaches for ten years, Tammy moved up to the coast and many of her customers still visit her regularly from Sydney to have their hair done. She also has one customer – Tracy Guest - who visits her every couple of months from Alice Springs. Now that's loyalty! It's been a family affair as Tammy's grand-daughter Chloe worked at Snips for 3 years and completed her apprenticeship, getting her qualifications under Tammy's watchful eye.

It's wonderful to see that Tammy has lots of local 'regulars' supporting her business as well.

The salon specialises in braiding (Saturdays). Call Tammy for an appointment on 4382 2009 or follow her Facebook page [@Copacabanasnipshairandbeauty](#) for more info.



Move your home up the wanted list.

McGrath

Steve Nixon 0403 943 341
stevenixon@mcgrath.com.au





Copa RFS Brigade by Matt Francis



On Watch (Matt McLeod)

Most recently the Brigade was busy crewing our Cat 9 striker at the fires near Taree and due to catastrophic conditions on Tuesday 12 November we had a borrowed tanker with 6 crew at Kariong for any flare-ups on the coast. We opened the station all day with 8 crew ready to go in the pumper and Cat 9 ready to respond to local incidents or other areas as required. Thanks to all our hard working volunteers for this great effort.

District Update:

On 26 October District responded to 24 incidents within 5 hours to storm damage incidents and the Martinsville fire. Two pre-emptive strike teams were deployed to the Martinsville fire to assist a number of local crews with property protection initially, and then implementing containment strategies as conditions allowed. Crews continued to implement containment strategies over the next couple of days and the fire was declared out having burnt 217 Ha, with numerous residents protected from the fire and no property loss. In the midst of the Martinsville fire, the District also sent a 12 hour strike team to Mid Coast to assist with fires threatening residents in the Forster / Tuncurry area.

The District has also continued to supply firefighters, to the Northern NSW fires along with incident management personnel, aviation specialists, catering & communications members. Locally, the District has

responded to 76 incidents in a 7 day period from 0900 on 26 October, including a significant incident on the M1 at Warnervale in the early hours of Wednesday morning where 4 trucks were on fire. Another great effort by members with 11 Brigades involved working with other emergency services to combat this challenging incident. Since the commencement of the 19/20 fire season, the District has deployed 375 firefighting personnel and 39 incident management personnel out of area.

Brigade News:

The area has again been very quiet, and we congratulate drivers for the lack of call outs on Cullen's Road, preventable incidents we never like to see. We recently attended a fire that had started from a solar set up, which could have jumped directly into bushland at McMasters Beach if not swiftly attended to. It looks to be another very dry season, and though we are hoping for a quiet summer, we are

preparing for a busy season. The local area has undergone some changes to the agreement between the RFS and Fire and Rescue NSW (FR) regarding response areas and protocols. The Copa Brigade will continue to work with FR, and specifically Kincumber Station, to ensure the safety of local residents.

We have been working hard at training as always, but have also sent members up north to help with the fires impacting the north east of the state. Several members were able to give their time at the Bees Nest fire, heading up on the first deployment with our Cat1 and on subsequent deployments. Sadly, due to the size of the fires and length of the intended campaign, our Cat 1 has been retained on the fire ground for the duration, and may not be back for some time yet.

We have also had members deployed on five day assignment and 12 hour strike teams to our north, helping with the devastating fires they are facing.

On behalf of the community, grateful thanks from the CCA to the magnificent Copacabana RFS for protecting us all during this difficult bushfire season.



We are always looking for new members, it's a great way to meet new people, learn new skills and serve not only your local, but the wider community. Email SDC@copacabanarfb.com.au to find out more

Central Coast Bush Fire Risk Management Plan

A Bush Fire Risk Management Plan (BFRMP) is a strategic document that identifies community assets at risk across a fire district and sets out a five-year program of coordinated multi-agency treatments to reduce the risk of bush fire to the assets. Treatments may include activities such as hazard reduction burning, community education, fire trail maintenance, establishing community fire-units and even grazing. Annual mitigation works programs will be prepared to implement the treatments identified in this plan and these will be undertaken by the relevant land managers and firefighting authorities.

There is no 'Neighbourhood Safer Place' identified for Copacabana, however the Brigade recommend locals head to the beach or 'village green' beside the surf club as areas least likely to be impacted if egress from the area is cut off. See more at <https://ccbfmc.org>

 facebook.com/rfscopacabana

 www.copacabanarfb.com.au

 02 4382 2400

Get Ready

The brigade recently held another successful get ready day, showcasing our appliances and capabilities to the community, and providing advice and educational materials to assist residents in preparing their home and family for the bush fire season.

STEP

1 DISCUSS WHAT TO DO IF A BUSH FIRE THREATENS YOUR HOME

Many households find that having a discussion over dinner works best as everybody is together and focussed.

STEP

2 PREPARE YOUR HOME AND GET IT READY FOR BUSH FIRE SEASON

There are simple things you can do around your home to prepare it for a bush fire, like keeping the grass low and having a cleared area around your home.

www.assessmyrisk.rfs.nsw.gov.au

STEP

3 KNOW THE BUSH FIRE ALERT LEVELS

If there is a fire in your area you will find its alert level on the NSW RFS website and in the 'Fires Near Me' app. You need to keep track of the alert level so you know what you should do.

STEP

4 KEEP ALL BUSH FIRE INFORMATION NUMBERS, WEBSITES AND THE SMARTPHONE APP

In a bush fire, it's important that you stay up to date on conditions in your area. For more information go to <https://www.rfs.nsw.gov.au/plan-and-prepare>

\$1,000

donated to our local RFS from every sale this summer

Proudly supporting our local fire brigade



Stone Real Estate
4382 3066

stonerealestate.com.au

Come and meet your neighbours and join in the fun

Copa Carols

Saturday 14 December

Family
friendly event
including
market stalls



FROM 3.30PM

Free Face Painting • Roaming Disney characters

Jitterbugs Christmas Spectacular Performance

FROM 8PM

Carols Concert with special guest performers

All Copa food venues will be open for business,
so bring your friends and family

Have your
photo with
SANTA!
Gold coin donation
to Nippers

This is a free event organised by
Copacabana Community Association
and the Copacabana Carols Committee.

Go to facebook.com/events/2429894280464805 for info on activities and performances. Or email info@copanews.com if you would like to help out on the night. (Please put 'Copa Carols' in the subject line)


Copacabana Community
Association Inc.

Copacabana SLSC

There is no doubt a surf club compares to that old analogy of a swan swimming on a pond – it can look graceful on top but underneath those feet are paddling like mad. If I applied that to our club at this present time, we would be more duck than swan and those feet would be something 'Thorpie' would be proud of.

Copacabana SLSC is in a rebuilding stage. We are rebuilding our culture, our strategic direction, and with some good fortune, rebuilding parts of our club. Achieving change as many would know takes time and significant effort and that is what everyone involved in Copa Surf Club is contributing in spades at the moment. It is both rewarding and reassuring that there are new faces appearing (and reappearing) in the club ranks

In our core business we also have a lot to share. We have a solid patrol culture at Copa and the patrols have got off to a strong start this season. We are keen to introduce another patrol by the end

of the season and the Bronze Medallion course for anyone who is interested in learning how to patrol will start Jan 22. The training and camaraderie is what most of us join the club for and that was evident in a recent event when a member of the public collapsed in the street. The skills of our lifesavers were called upon that day and it has prompted us to propose another Community CPR session for Dec 7. CPR is such a valuable skill and we have highly qualified members (and professionals) keen to teach anyone who is willing. Details on our website but we must insist that you register so we know how many instructors we require (some needing to swap work shifts to attend)

On the social front, our Friday afternoon 'Week-Enders' is going from strength to strength and we have added a 'Week-Enders – live and local' session once a month to bring live music back to Copa. Its great to see our members and their guests wind down each week up on the balcony. Looking ahead, we have

a pop-up bistro being run through January. If you have ever wanted to volunteer in our club but were never quite sure were to start, we are seeking willing RSA bar staff to help during that busy month (and beyond if you wish)

Otherwise, the beach is safe and we continue on our journey of change and improvement. We are always happy to hear from the community in how we can do things better so reach out to myself with any constructive feedback. On behalf of Copa SLSC and its members, I take this opportunity to wish all of Copa the happiest and safest of Christmas periods.

Regards, Adam Richards

president@copacabanaslsc.org.au

DATES for your diary:

- Community CPR – Saturday Dec 7 at 2pm (2hrs with bar open after)
- 'Jaws' Bistro: Dec 26 – Jan 25 5-9pm, Friday to Sunday
- Bronze Medallion Course Starts on Wednesday Jan 22



Join us on Friday afternoons from 5pm - 9pm at the Surf Club. All welcome. BAR OPEN, light catering for the adults and sausage sizzle for the kids. **'Live & Local' sessions happen once a month.**



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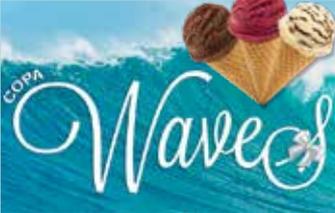
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Copacabana Community Association (CCA) needs new members and supporters

JOIN NOW

The CCA provides information and opportunities for locals to meet, a forum for discussion and debate and hosts events that benefit the whole community. As a volunteer-run organisation representing the interests of the community and working towards the betterment of Copa, the CCA (Copacabana Community Association) is **always looking for new, enthusiastic members** to make a contribution to discussions and issues that shape our agenda. Whether you just want to join the mailing list, come to bi-monthly meetings and have your say, write to us and express an opinion, or assist with some of the events we stage every year, we'd love to hear from you. Skills of all kinds welcome!

Our activities are funded from membership subscriptions (\$20 per household, per year) and advertising revenue from this fantastic quarterly newsletter – Copa News – supported by local businesses to whom we are very grateful.

Copa News is the only official publication of the CCA, available in hard copy from local shops and businesses or by email straight to your inbox or to download on our website:

www.copanews.com.au

If you have mobility issues and would like a hard copy delivered to you, let us know and we'll be happy to oblige. If you'd like to subscribe to our mailing list for newsletter only, please email us at info@copanews.com.au with NEWSLETTER SUBSCRIPTION ONLY in the subject line. If you become a member, we'll automatically add you to the subscription list for the newsletter.

NEW MEMBERSHIPS:

Membership is only \$20 per year.

Click "Membership" on the menu bar of our website www.copanews.com.au which will take you to the registration form.

Complete your details and submit the form.

If you live in Copa or surrounding suburbs (within 5km of Copa) you're eligible for membership.

We'll send you details on how to pay.

TO RENEW YOUR MEMBERSHIP: (JULY 1 TO JUNE 30)

Please pay by direct deposit and add 'Membership Renewal/name' to the description.

ACCOUNT NAME:

Copacabana Community Association

BSB: 302 975

ACCOUNT NO: 0051004.

Or email Attn: Treasurer Rob Morgan at info@copanews.com.au for other payment options.

CCA meets at the Fire Station in Copa, 7.30pm, first Thursday of every second month - all welcome.

YOUR CCA MANAGEMENT COMMITTEE MEMBERS

President: Steve Boucher

Secretary: Matt Francis

Committee Members:

Vice President: Sue Steedman

Treasurer: Rob Morgan

Elaine Norling, Margaret Platell, Geoff Parker

Newsletter/Website Editor: Phil Bolton

For advertising or editorial enquiries email Attn: Sue Steedman at info@copanews.com.au

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